



Ayurvedic retreat at The Clover Mill Health Spa

UK: The Clover Mill Health Spa at Malvern on the Hills has opened following the painstaking restoration of the 17th century water mill in which it is housed.

Located in the heart of Worcestershire, The Clover Mill's founder Julie Dent was inspired to create a dedicated space for an ayurvedic retreat in the UK while visiting an ayurvedic resort in Sri Lanka.

The property combines a spa with yoga classes and retreats that include accommodation provided in luxury eco-lodges overlooking the mill pond.

The spa's facilities include private treatment areas, a steamroom and a yoga studio. The Clover Mill's treatments, provided by leading ayurvedic brand Tri-Dosha, have been designed to detox, relax and rejuvenate guests.

www.theclovermill.com

www.tri-dosha.co.uk